



## MONSTER ENERGY BALLS

Yields: Approximately 16 balls

### INGREDIENTS

- 1 ½ cups old-fashioned oats
- ½ cup sunflower butter
- ¼ cup honey

### ADD-IN OPTIONS (CHOOSE 2):

- ½ cup mini candy-coated chocolates
- ½ cup raisins or dried cranberries
- ½ cup mini chocolate chips
- ½ cup coconut
- ½ cup chopped dried apples

### INSTRUCTIONS:

1. Mix all of the ingredients in a bowl.
2. Stir well for a few minutes until everything is combined and coated with wet ingredients.
3. Roll mixture into small balls (approximately 1 to 1½ inches)
4. Place balls on a cookie sheet lined with parchment paper. Allow to set in refrigerator until solid.