



4s Sample Schedule

Specialty offerings and weekly Camp Settoga date are subject to change

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:30-9:00	Arrival + Free Play	Arrival + Free Play	Arrival + Free Play	Board bus to Camp Settoga	Arrival + Free Play
9:00-9:30	Sports	Sports	Sports	At Camp Settoga <i>See Camp Settoga Sample Schedules for a glimpse into the day</i>	Shabbat Sing
9:30-10:00	Change	Change	Change		Change
10:00-10:30	Swim	Swim	Swim		Swim
10:30-11:00	Snack/ Change	Snack/ Change	Snack/ Change		Snack/ Change
11:00-11:30	Music	Sensory Play	Gardening		Cooking
11:30-12:00	Roof	Roof	Roof		Roof
12:00-12:30	Lunch	Lunch	Lunch		Lunch
12:30-1:00	Dance	Studio	Nature Science		Fine Art
1:00-1:30	Free Play	Yoga	Free Play		Sports

1:30-2:00	Electives	Electives	Electives		Electives
2:00-2:30	Electives	Electives	Electives		Electives
2:30-3:00	Roof	Roof	Roof		Roof
3:00-3:30	Flagpole	Flagpole	Flagpole	Return to the JCC	Flagpole
3:30-4:00	Reflection Meeting + Dismissal	Reflection Meeting + Dismissal	Reflection Meeting + Dismissal	Reflection Meeting + Dismissal	Reflection Meeting + Dismissal